

**BJJ** **Turkey**

*N e w s l e t t e r*

*February 2004*

**9th IOF World Wide Conference of Osteoporosis Patient Societies was held in Istanbul, Turkey, September 4-7, 2003.**

This meeting was organized by the IOF together with the Osteoporosis Patient Society of Turkey.

The IOF World Wide Conference of Osteoporosis Patient Societies (IOF-WWC) is the most important event for osteoporosis patient societies from around the world to plan strategies and share with their experiences. The skills learned at the conferences help the national societies in their efforts to increase basic awareness on osteoporosis, and lobby activities.



*IOF CEO, Daniel NAVID, Prof. Dr. Gulseren AKYUZ, the President of Osteoporosis Patient Society of Turkey, Filiz AKIN, the Honorary President of OPST during the opening ceremony.*

The conference started with a welcome cocktail in the Hilton Hotel, Istanbul on September 4 evening. In following day, IOF CEO, Daniel NAVID, The President of Osteoporosis Patient Society of Turkey (OPST), Prof. Dr. Gulseren AKYUZ, The Honorary President of OPST, Filiz AKIN had a talk about the importance of osteoporosis and WWC 03 in the opening ceremony.

Some 150 participants shared information and learned valuable skills in the areas of media training, communication, education, management structure, patient support and lobbying during the WWC 03. In addition to the workshops and plenary sessions, nine societies received valuable awards.



*The IOF-LILLY Osteoporosis Policy Initiative Grants were given in the IOF Family Dinner on September 5 evening)*

The program was also very rich from the cultural and historical facilities. The participants had an opportunity to visit some historical places such as Agia Sofia, Blue Mosque, Underground Basilica, and a Boat Tour in Bosphorus.

The first WWC, hosted by the UK's National Osteoporosis Society, was held in Bath, England in 1995 with 35 attendees. In September 2003, some 150 people from 60 countries attended the 9th WWC held in Istanbul, Turkey.

In the end of the WWC, Daniel NAVID, thanked Gulseren AKYUZ, The President of OPST, for her society's warm hospitality and excellent organization.



*From the left to the right: Prof. Dr. Peter BURCKHARDT, The President of the Committee of National Osteoporosis Societies; Prof. Dr. Ghassan MAALOUF, The Executive Committee Member of IOF; Laura MISTELI, The Web Manager of IOF; Prof. Dr. Jean Yves REGINSTER, The Secretary General of IOF; Daniel NAVID, IOF CEO; Prof. Dr. Gulseren AKYUZ, The President of Osteoporosis Patient Society of Turkey; Prof. Dr. Pierre DELMAS, The President of IOF; Jenny BONNET, The Secretary of IOF; Paul Spencer SOCHACZEWSKI, The Communication Adviser of IOF.*

**2<sup>nd</sup> Congress on  
Osteoporosis & Osteoarthritis will be held on  
April 21<sup>st</sup> – April 25<sup>th</sup>, 2004 in Turkey**

*Turkish Joint Diseases Foundation* organizing a congress on *osteoporosis and osteoarthritis* in Antalya, Turkey. The aim of the meeting is to increase the awareness and the knowledge of the *orthopaedic surgeons* on the prevention, diagnosis, and treatment of osteoporosis. With a multidisciplinary approach, the incidence, the prevalence, and the burden of this silent epidemic will be discussed.

The speakers will try to answer the following questions

- *What is osteoporosis?*
- *Why should the orthopedic surgeon be concerned?*
- *How should the patients with osteoporotic fractures be evaluated?*
- *Who to treat?*
- *How to treat?*

The medical treatment of osteoarthritis will be also discussed in this meeting. The orthopaedic surgeons will be told that most of patients with osteoarthritis can be managed with conservative measures.

The economical aspects will be also discussed during the congress.

Final announcement is as follows;

# OSTEO

2004

[www.osteocongress.org](http://www.osteocongress.org)

## 2<sup>nd</sup> OSTEOPOROSIS AND OSTEOARTHRITIS CONGRESS

APRIL 21-25, 2004 KEMER/ANTALYA -TURKEY



Organized by



TURKISH  
JOINT  
DISEASES  
FOUNDATION

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TOTBID  
Türk Ortopedi ve Travmatoloji  
Bilim Derneği



International Osteoporosis Foundation



FINAL  
ANNOUNCEMENT

## Organization Committee

### Honorary Presidents

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Remzi TÖZÜN

### President

O. Şahap ATİK

### Organization Committee

Fatih EKŞİOĞLU

Semih FERHAT

Erdem İŞIKAN

Vasfi KARATOSUN

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## Scientific Committee

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A Alanay	E Işkan	B S Şaylı
M Alp	S Karaoğlu	U Şaylı
B Alparslan	V Karatosun	Ö F Şendur
F Altıntaş	C Kayalı	N Şener
T Arasıl	V Kırdemir	Y Tabak
Y Ateş	F Korkusuz	R Tanakol
O Ş Atik	N Köse	Ö Taşer
A T Aydın	W Jaffe	M Tokgözoğlu
N Aydoğan	O Johnell	Y Tomak
M Altınmakas	M Manisalı	N Tosun
M L Baydar	S Necmioğlu	R Tözün
Ö F Bilgen	T Oğuz	S Turanlı
K Biberioğlu	A Okur	M A Tümöz
A Bora	Ç Önder	M Türkmen
T Çavuşoğlu	D Özaksoy	M Ungan
G Dilşen	İ Öztürk	M Uslu
D Dinçer	S Perçin	B Ünver
F Ekşioğlu	H Pınar	H Yazıcı
B Erdemli	J Y Reginster	Y Yazıcı
S Ferhat	R Rizzoli	M Yıldırım
A Göğüş	S Sarban	Ö Yazıcıoğlu
İ Günal	S Seber	H Yorgancıgil
S Gür		

## **Invitation Letter**

Dear Colleague,

Osteoporosis and Osteoarthritis have emerged as the most disabling diseases during the last 20 years. The costs caused by osteoporotic fractures of spine, hip and forearm; and the financial burden related to osteoarthritis are considered as a major determinant of the healthcare budget.

There have been developments in the pharmacological treatment of osteoporosis and osteoarthritis. But one cannot say that the orthopedists have sufficient interest on this issue.

On the other hand, the patients are referred to the orthopedists for the treatment of fractures caused by osteoporosis; most of our colleagues treat the fractures only, and they neglect osteoporosis. Whereas, the probability of another fracture in these patients is very high.

Bone and Joint Decade is dedicated to improve the quality of life for people with musculoskeletal disorders worldwide. World Health Organization (WHO) and International Osteoporosis Foundation (IOF) aimed to raise the orthopedists' awareness and interest on this issue.

I believe that the 2nd Congress of Osteoporosis and Osteoarthritis organized by Turkish Joint Diseases Foundation under the auspices of WHO Collaborating Center, Liege, IOF and TOTBID will have important contributions to reach these goals in the name of patients, physicians and our country.

I look forward to meeting you in 2004.

O. Şahap ATIK  
CONGRESS PRESIDENT

## Scientific Programme

	April 21, 2004, Wednesday	April 22, 2004, Thursday	April 23, 2004, Friday	April 24, 2004, Saturday
08:30-08:40	<b>R E G I S T R A T I O N</b>	Opening Ceremony		
08:40-09:00		Osteoporosis, osteoarthritis and orthopaedist <i>O Ş Atik</i>		
09:00-09:30		New insights for the treatment of osteoporosis <i>J Y Reginster</i>	Incidence, prevalence and burden of osteoporosis <i>O Johnell</i>	Panel 3. Treatment of periarticular osteoporotic fractures in patients with osteoarthritis Moderator: <i>I Öztürk</i> Speakers: <i>Ş Akman, M Alp, C Kayali, Y Tabak</i>
09:30-10:00		New insights for the treatment of osteoarthritis <i>J Y Reginster</i>	Who should be treated? <i>O Johnell</i>	
10:00-10:30		Break		
10:30-11:00		Bone quality <i>R Rizzoli</i>	Orthopaedist and osteoporosis <i>O Johnell</i>	Good clinical research <i>H Yazıcı</i>
11:00-11:30		Controversial issues on the diagnosis and treatment of osteoporosis <i>R Rizzoli</i>	Controversial issues in knee and hip replacement <i>W Jaffe</i>	Joint distraction and cartilage healing <i>V Karatosun</i> Relationship between osteoporosis and osteoarthritis <i>U Sayli</i>
11:30-12:30		Satellite Symposia		
12:30-14:30		Lunch		
14:30-15:00		Relationship between the physicians and patients with osteoarthritis and rheumatoid arthritis: Patient societies <i>G Akyüz, B Horgan</i>	Business Meeting	Minimally invasive surgery in the treatment of degenerative disc <i>A Hamzaoglu</i>
15:00-15:30		Incidence and prevalence of osteoporosis in Turkey <i>G Düzen</i>	Monitorisation of medication in the treatment of rheumatoid arthritis and osteoarthritis <i>Y Yazıcı</i>	Panel 4. Arthroscopic surgery in the treatment of the patients with osteoarthritis Moderator: <i>I Akgün</i> Speakers: <i>ML Baydar, S Gür, H Pinar, Ö Taser</i>
15:30-16:00		Osteoporosis and genetic <i>BS Şayli</i>		
16:00-16:30		Tissue engineering in osteoporosis and osteoarthritis <i>F Korkusuz</i>	Current concepts in the symptomatic treatment of osteoarthritis <i>H Yazıcı</i>	
16:30-17:30		Break		
17:30-18:30		Panel 1. Diagnosis in osteoporosis Moderator: <i>F Altıntaş</i> Speakers: <i>G Akyüz, B Erdemli, M Marisali, D Özaksoy, D Sindel, M Ungan</i>	Panel 2. Treatment in osteoporosis Moderator: <i>B Alparslan</i> Speakers: <i>T Arasil, K Biberoglu, S Heppguler, D Sindel, Ö F Şendur, R Tanakol, Y Yazıcı, M Yıldırım, H Yorgancigil</i>	Panel 5. Arthroplasty in the patients with osteoarthritis and osteoporosis Moderator: <i>R Tözün</i> Speakers: <i>B Atilla, Ö F Bilgen, A Göğüş, V Kırdemir, N Jener</i> Panel 6. Approach to the osteoporotic spine Moderator: <i>A Hamzaoglu</i> Speakers: <i>A Alanay, N Aydoğan, D Dinçer, T Şatana</i>
18:30-19:30		Wellcome Cocktail	Free Presentations	
19:30-22:30				

## SCIENTIFIC PROGRAMME

### April 21, 2004 Wednesday

- 09:00-18:30 Registration  
18:30-22:30 Welcome Cocktail

### April 22, 2004 Thursday

- 08:30-08:40 **Opening Ceremony**
- 08:40-09:00 **Opening Conference**  
**Chair:** F Ekşiođlu, M Uslu  
*Osteoporosis, osteoarthritis and orthopaedist* O Ş Atik
- 09:00-09:30 **Conference 1**  
**Chair:** O Ş Atik, A Okur  
New insights for the treatment of osteoporosis J Y Reginster
- 09:30-10:00 **Conference 2**  
**Chair:** G. Akyüz, Ö Yazıcıođlu  
New insights for the treatment of osteoarthritis J Y Reginster
- 10:00-10:30 **Break**
- 10:30-11:00 **Conference 3**  
**Chair:** F Korkusuz, S Necmiođlu  
Bone quality R Rizzoli
- 11:00-11:30 **Conference 4**  
**Chair:** N Köse, Ş Solak  
Controversial issues on the diagnosis and treatment of osteoporosis R Rizzoli
- 11:30-12:30 **Satellite Symposium**
- 12:30-14:30 **Lunch**
- 14:30-15:00 **Symposium 1**  
**Chair:** E Işıkan, N Tosun  
Relationship between the physicians and patients with osteoarthritis and rheumatoid arthritis: Patient societies G Akyüz, B Horgan
- 15:00-15:30 **Conference 5**  
**Chair:** A Kılıç, S Perçin  
Incidence and prevalence of osteoporosis in Turkey G Düşen
- Conference 6**  
**Chair:** S Seber, U Şaylı  
Osteoporosis and genetic B S Şaylı
- 15:30-16:00 **Conference 7**  
**Chair:** Y Ateş, S Karaođlu  
Tissue engineering in osteoporosis and osteoarthritis F Korkusuz
- 16:00-16:30 **Break**

- 16:30-18:30 **Panel 1**  
**Moderator:** F. Altıntaş  
Diagnosis in osteoporosis  
**Speakers:** G Akyüz, B Erdemli, M Manisalı, D Özaksoy, D Sindel,  
M Ungan
- 18:30-19:30 **Free Presentations**  
**Chair:** M Altınmakas, T Satana

### **April 23, 2004 Friday**

- 09:00-09:30 **Conference 8**  
**Chair:** S Sarban, M Türkmen  
Incidence, prevalence and burden of osteoporosis O Johnell
- 09:30-10:00 **Conference 9**  
**Chair:** T Oğuz, R Tanakol  
Who should be treated? O Johnell
- 10:00-10:30 **Break**
- 10:30-11:00 **Conference 10**  
**Chair:** İ Günal, Ç Önder  
Orthopaedist and osteoporosis O Johnell
- 11:00-11:30 **Chair:** T Çavuşoğlu, S Turanlı  
Controversial issues in knee and hip replacement W Jaffe
- 11:30-12:30 **Satellite Symposium**
- 12:30-14:30 **Lunch**
- 14:30-15:00 **Business Meeting**
- 15:00-15:30 **Conference 11**  
**Chair:** B Erdemli, H Yazıcı  
Monitorisation of medication in the treatment of  
rheumatoid arthritis and osteoarthritis Y Yazıcı
- 15:30-16:00 **Conference 12**  
**Chair:** M Tokgözoğlu, Y Yazıcı  
Current concepts in the symptomatic treatment of  
osteoarthritis H Yazıcı
- 16:00-16:30 **Break**
- 16:30-18:30 **Panel 2**  
**Moderator:** B Alpaslan  
Treatment in osteoporosis  
**Speakers:** T Arasil, K Biberoğlu, S Hepgüler, D Sindel, Ö F Şendur,  
R Tanakol, Y Yazıcı, M Yıldırım, H Yorgancıgil

## April 24, 2004 Saturday

- 09:00-10:00 **Panel 3**  
**Moderator:** I Öztürk  
Treatment of periarticular osteoporotic fractures in patients with osteoarthritis  
**Speakers:** Ş Akman, M Alp, C Kayalı, Y Tabak
- 10:00-10:30 **Break**
- 10:30-11:00 **Conference 13**  
**Chair:** İ Günal, F Korkusuz  
Good clinical research H Yazıcı
- 11:00-11:30 **Conference 14**  
**Chair:** S Ferhat, Y Tomak  
Joint distraction and cartilage healing V Karatosun
- Conference 15**  
**Chair:** A Bora, B S Şaylı  
Relationship between osteoporosis and osteoarthritis U Şaylı
- 11:30-12:30 **Satellite Symposium**
- 12:30-14:30 **Lunch**
- 14:30-15:00 **Conference 16**  
**Chair:** D Dinçer, T Şatana  
Minimally invasive surgery in the treatment of degenerative disc A Hamzaoğlu
- 15:00-16:00 **Panel 4**  
**Moderator:** I Akgün  
Arthroscopic surgery in the treatment of the patients with osteoarthritis  
**Speakers:** M L Baydar, S Gür, H Pınar, Ö Taşer
- 16:00-16:30 **Break**
- 16:30-17:30 **Panel 5**  
**Moderator:** R Tözün  
Arthroplasty in the patients with osteoarthritis and osteoporosis  
**Speakers:** Ö F Bilgen, A Göğüs, V Kırdemir, N Şener
- 17:30-18:30 **Panel 6**  
**Moderator:** A Hamzaoğlu  
Approach to the osteoporotic spine  
**Speakers:** A Alanay, N Aydoğan, D Dincer, T Satana
- 18:30-19:30 **Free Presentations**  
**Chair:** V Karatosun, M A Tümöz

## April 25, 2004 Sunday

**Adjourn**

# **Turkish NAN Reorganized**

## **Organisations**

**Osteoporosis Patient Society of Turkey**

**Turkish ASAMI**

**Turkish Society of Orthopaedic Surgery and Traumatology**

- Section of Arthroplasty
- Section of Orthopaedic Trauma
- Section of Pediatric Orthopaedics
- Section of Sports Traumatology

**Turkish Joint Diseases Foundation**

**Turkish League Against Rheumatism**

**Turkish Society of Shoulder and Elbow Surgery**

**Turkish Society of Spine Surgery**

**Turkish Society of Sports Traumatology, Arthroscopy, and Knee Surgery**

**Turkish Society for Surgery of the Hand and Upper Extremity**