



N e w s l e t t e r

M A R C H 2 0 0 6

Osteoporosis Platform

National Osteoporosis Program in Turkey

Osteoporosis Platform was established for National Osteoporosis Program in Turkey. This platform is formed by the following societies

- **Turkish Osteoporosis Society**
- **Osteoporosis Patient Society of Turkey**
- **The Society of Life with Osteoporosis**
- **Turkish Joint Diseases Foundation**
- **Turkish Endocrinology and Metabolism Society**

National Osteoporosis Program will be carried out in 2006-2008 in cooperation with The International Osteoporosis Foundation.

This program is aiming to achieve

- **To increase the national awareness**
- **Lobbying activities**
- **To increase the quantity and the quality of research for osteoporosis in Turkey**

Education programs are planned for all 7 regions of Turkey



One of the public activities organized by Osteoporosis Patient Society of Turkey

**4th Congress on
OSTEOPOROSIS &
OSTEOARTHRITIS
will be held on April 23-27, 2006
in Antalya, Turkey**

**OSTEO
2006**

www.osteocongress.org

4. OSTEOPOROZ VE
OSTEOARTRİT
KONGRESİ
23 - 27 NİSAN 2006 TITANIC DE LUXE BEACH & RESORT HOTEL / ANTALYA

TITANIC

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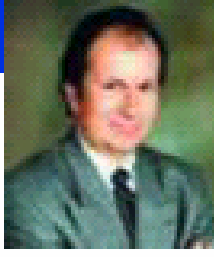
TOTBİD
Türk Ortopedi ve Travmatoloji
Birliği Derneği

IOF
International Osteoporosis Foundation

World Health
Organisation
Collaborating
Center

THE BONE AND JOINT DECADE 2000-2010
A JOINT MOTIVATION

II. DUYURU



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Değerli Meslektaşım,

Osteoporoz ve osteoartrit; bedensel ve ruhsal sağlığı bozarak sakatlanmaya neden olan önemli hastalıklar arasında yer almaktadır. Omurga, kalça ve diğer bölgelerde oluşan osteoporotik kırıkların yol açtığı maliyet, osteoartrit nedeni ile oluşan sakatlıkların getirdiği yük sağlık bütçesinde önemli bir yer tutmaktadır (İsveç sağlık bütçesinin dörtte biri).

Osteoporozun ve osteoartritin farmakolojik tedavisinde önemli gelişmeler olmaktadır. Ancak, osteoporoz nedeniyle oluşan kırıklar için hastalar ortopedistlere başvurduğunda, meslektaşlarımızın büyük çoğunluğu sadece kırık tedavisi uygulamakta, osteoporoz ihmal edilmektedir. Oysa bu hastalarda ikinci bir kırık oluşma olasılığı çok yüksektir. 2000-2010 yıllarını kapsayan Bone and Joint Decade (Kemik Eklem On Yılı) kas-iskelet sistemi hastalıklarının tanı ve tedavisini yaygınlaştırmayı ve yaşam kalitesini arttırmayı amaçlamaktadır. Bu hareket Dünya Sağlık Örgütü (WHO) ve Uluslararası Osteoporoz Kuruluşları ile birlikte hastaların, hekimlerin ve hükümetlerin bu konulara ilgisini çekmek için çalışmalar yürütmektedir. TOTBİD (Türk Ortopedi ve Travmatoloji Birliği Derneği), WHO Collaborating Center, Liege, IOF (International Osteoporosis Foundation) ve Bone and Joint Decade hareketi ile işbirliği yapılarak Türkiye Eklem Hastalıkları Tedavi Vakfı (TEVAK) tarafından düzenlenen OSTE0 2006 / 4. Osteoporoz ve Osteoartrit Kongresi'nin bu amaçlara ulaşmada hastalar, hekimler ve ülkemiz açısından önemli katkıları olacağına inanıyorum.

O. Şahap Aktepe

Turkish Joint Diseases Foundation organizing a congress on ***osteoporosis and osteoarthritis*** in Antalya, Turkey. The aim of the meeting is to increase the awareness and the knowledge of the ***orthopaedic surgeons*** on the prevention, diagnosis, and treatment of osteoporosis. With a multidisciplinary approach, the incidence, the prevalence, and the burden of this silent epidemic will be discussed.

The speakers will try to answer the following questions

- ⌚ *What is osteoporosis?*
- ⌚ *Why should the orthopedic surgeon be concerned?*
- ⌚ *How should the patients with osteoporotic fractures be evaluated?*
- ⌚ *Who to treat?*
- ⌚ *How to treat?*

The medical treatment of osteoarthritis will be also discussed in this meeting. The orthopaedic surgeons will be told that most of patients with osteoarthritis can be managed with conservative measures.

The economical aspects will be also discussed during the congress.

Bone and Joint Decade was emphasized in the **OSTEOARTHRITIS SYMPOSIUM** which was guest edited by **Turkish Orthopedic Surgeons** and published in the **BULLETIN** of the **Hospital for Joint Diseases**



Bulletin of the
Hospital for Joint Diseases

OFFICIAL JOURNAL OF THE NYU-HOSPITAL FOR JOINT DISEASES DEPARTMENT OF ORTHOPAEDIC SURGERY

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Osteoarthritis Silent Epidemic

O. Sahap Atik, M.D., and Izge Gunal, M.D.

Joint diseases account for half of all chronic conditions in adults over the age 65 in United States. Osteoarthritis affects more than 135 million people worldwide. It is the fourth leading cause of health problems in women and the eighth in men. The burden of these conditions are huge.

The Bone and Joint Decade was established to improve the quality of life of the people with musculoskeletal disorders. To search for the best clinical and cost effective treatment modalities are among the goals.

Recent experimental and clinical approaches, either conservative or surgical, for the treatment of osteoarthritis in some of the European Countries are brought to the "desktop" of orthopedic researchers and clinicians with this issue of *Bulletin of the Hospital for Joint Diseases*.

We would like to extend our deepest appreciations to Dr. Jaffe for giving this opportunity and to the contributors for their participation in this symposium.

Bone and Joint Decade was emphasized in the **OSTEOPOROSIS SYMPOSIUM** which was guest edited by Turkish Orthopedic Surgeons and published in the **Clinical Orthopedics and Related Surgery**

CLINICAL ORTHOPAEDICS AND RELATED RESEARCH

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Editorial Comment

Osteoporosis has emerged as one of the most disabling diseases of the last two decades. The financial burden of osteoporotic fractures and the related morbidity and mortality has a major impact on the healthcare budget of almost all nations. There have been major developments in the diagnosis and pharmacologic treatment of osteoporosis in recent years.

Many scientific organizations, including the Bone and Joint Decade, the World Health Organization, the International Osteoporosis Foundation, and the Turkish Joint Diseases Foundation have aimed to raise the awareness and the knowledge of orthopaedic surgeons worldwide.

A fracture often can be the first sign of osteoporosis that always is treated by orthopaedic surgeons. Nevertheless, underlying metabolic bone disease is mainly under-

diagnosed by these healthcare providers. Most of our colleagues treat the fractures only and fail to remember the diagnosis and treatment of osteoporosis. The probability of another fracture in these patients is very high.

Awareness about osteoporosis-related fractures should be improved by organizing congresses, conferences, and publications. With this issue of *CORR*, recent experimental and clinical approaches for the diagnosis and treatment of osteoporosis were brought to the "desktop" of orthopaedists.

We would like to extend our deepest appreciations to the contributors for their participation in this symposium.

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